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MOVING IN THE SPIRIT'S MEN IN MOTION OFFERS EXCITING PERFORMANCE

ATLANTA, Georgia – January 15, 2009 – Moving in the Spirit will present its sixth annual Men in Motion show on Saturday, February 21st at 6pm and 8pm, and Sunday, February 22nd at 4pm and 6pm. This fun event will feature young men, ages 8-13, performing with some of Atlanta's most talented professional male dancers. The show consists of exciting dance pieces based in the hip-hop and modern genres.

Moving in the Spirit's Men in Motion program supports boys by providing them with an alternative to street-life, engaging them in meaningful dance activities that help them develop responsibility and respect. Through combining dance with leadership training, Men in Motion provides Atlanta's young men with support, performance opportunities and exposure to positive male role models.

"Being a part of Men in Motion has made me a better person," says Men in Motion dancer Darion Thompson. "My teacher taught me how to take responsibility for my own actions, how to make good decisions, and he always tells me to have a positive attitude." Another young dancer explains, "At Men in Motion, I've learned that I am a leader, and that I can do more in life."

"The Men in Motion company works very hard to perform at their show," says Men in Motion Director, Chris McCord. "The show gives our young men the chance to collaborate and perform with guest artists, who represent some of Atlanta's best male dancers. These dancers serve as teachers and role models – it's really a great opportunity for our boys."

Men in Motion will perform on Saturday, February 21st at 6pm and 8pm, and Sunday, February 22nd at 4pm and 6pm. The show will be held and Moving in the Spirit's home theater, The Beam, located at 750 Glenwood Avenue, Atlanta, Georgia. Tickets may be purchased for \$12 at the door on the night of the event. Children under the age of 3 can attend the performance free of charge. For more information, call 404-624-5295.

Founded by Dana Lupton and Leah Mann in 1986, Moving in the Spirit is a nationally recognized youth development program that integrates high quality dance instruction with performance, leadership and mentor opportunities for young people in Atlanta's urban communities. Moving in the Spirit educates, inspires and unites young people through dance, in order to help them become compassionate leaders.

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